# Dance Art Communication and Communication under the Background of "Belt and Road"- Visiting and Understanding of the Rymsky-Korsakov National Conservatory of Music in St. Petersburg, Russia

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**Keywords:** Academic Visiting, Ballet, College Dance Education

**Abstract:** In 2018, the author was very honored to receive funding from the Hubei Provincial Department of Education and Jingchu Institute of Technology to go to the Ballet Department of the Rymsky-Korsakov National Conservatory of Music in St. Petersburg, Russia. Due to the work of college dance education in China, through two semester visits, the author inspected the dance education and teaching of colleges and universities in St. Petersburg, especially focusing on the related aspects of dance teaching and dance education curriculum setting, which made the author professional in ballet. Knowledge and technology, as well as scientific research and vision, have yielded a lot. The experience will be shared in this paper.

#### 1. Introduction

I am very honored to be appointed by the Hubei Provincial Department of Education and Jingchu Institute of Technology. I will arrive in St. Petersburg, Russia on April 7th, 2018 and September 16th, 2018 respectively for a visit (a Russian non-degree student visa) Up to 90 days). As a senior visiting scholar of dance studies, I went to study at the Rimsky-Korsakov National Conservatory of Music in St. Petersburg, Russia. This is the first time I have been alone in a language barrier, and my cultural customs and habits are very different from those in China. The country, which suffered from loneliness and pressure, overcame various difficulties and finally successfully completed the Russian mission. Although I have only a short 180 days to visit and study, I have experienced a lot of people and things. During the period of my visit, I have gained a lot in academic research and life experience. This will be a precious treasure on my life path.

The historic Rimsky-Korsakov National Conservatory of Music is a large and comprehensive music school in the history of Russia. It is today's world-famous art palace. My thoughts, study and life during my visit to the Rimsky-Korsakov National Conservatory of Music are summarized as follows:

# 2. My thoughts during my visit

During the visit, I paid close attention to the current situation in the country and actively participated in the political study of the party group. In my spare time, I carefully studied the speech of General Secretary Xi at the symposium on literary and art work, the speech at the opening ceremony of the China Federation of Literary and Art Circles and the 9th National Congress of the Chinese Writers Association, and realized the creative orientation of the literary and art workers in the new era. Strive to practice socialist literary theory with Chinese characteristics, Chinese Marxist literary theory, use Marxist basic principles to understand and solve practical problems in the learning process, and constantly study and summarize while attaching importance to historical experience and carrying forward outstanding Chinese and foreign literary traditions. The new literary practice that emerged in China and sublimated it into a new theoretical perspective. Completion of thesis writing of postgraduate course study - "The Application of Marxist Social Science Methodology Principle in Dance Choreographer Creation". Every week, I report my own study and thoughts to the party branch secretary and the college leaders in the thought report group. Remember the pre-departure education before the visit: there is no small matter in foreign affairs!

DOI: 10.25236/aisallc.2019.007

During my visit to St. Petersburg, I strictly abide by the confidentiality discipline. Data is not collected from non-public sources and data is not collected by illegal means. Schools and dormitories are two points and one line. If you don't go out, don't go out at night, don't go to places with lots of people, never go to unhealthy entertainment places, go out and obey the traffic rules to ensure personal safety.

## 3. Studying during my visit

# 3.1 On April 7, 2018, I arrived in St. Petersburg, Russia, via Beijing to transfer to Moscow for the first visit

On Monday, April 9, 2018, I went to the Foreign Affairs Office of the Rimsky-Korsakov National Conservatory of Music for registration and admission procedures, the visa office to apply for a visa on arrival, and the school clinic to submit an international health certificate. I started my Ballet study tour from Tuesday. The semester has classes every Monday to Saturday, 8 classes per week. The semester courses include: classical ballet training, classical ballet toe training, classical ballet teaching, and modern dance training. On Sundays, I arranged for myself to watch the Ballet dance performances at the Mariinsky Theatre. The weekly ballet repertoires were: Cinderella, Nutcracker, Midsummer Night's Dream, Four Seasons, Raymonda, etc.; the opera "Night".

Although there was some mastery of the Ballet terminology before the visit, in the classroom, the teacher's Russian pronunciation was basically started to get used to in the third week. For the technical terms that I don't understand, I humbly ask the teacher Ирина after class. The two bottom shoes brought from the country were worn out and worn, and they had to be purchased in St. Petersburg. The price was much more expensive than domestic ones. People who are forty years old, and attending classes with a group of undergraduates every day are actually a great test for my psychology and physiology. Personally, from the third week onwards, professional ability has gradually improved and improved.

# 3.2 On September 16, 2018, I arrived in St. Petersburg, Russia, via Beijing to transfer to Moscow for a second visit.

On September 17, 2018, I continued my tour of Ballet from Monday. Because the teachers are very familiar with the class, I went to the Foreign Affairs Office of the College to complete the registration and admission procedures at 9:30, the visa office to apply for the visa on arrival, and the school clinic to submit the international health certificate and other related admission procedures. The semester has 12 lessons per week, with classes from Monday to Saturday. On Sundays, I arranged for myself to watch the Ballet dance performances at the Mariinsky Theatre. This semester is significantly better than the previous semester, both in professional learning and in its own muscle ability. Balance, control, rotation, jumping, etc. have made significant progress. Courses studied during the semester include classical ballet training, classical ballet toe training, classical ballet basic pedagogy, classic ballet rehearsal, character dance, and modern dance. The weekly ballet repertoire includes: Pirates, Swan Lake, Fairy, Paquita, Park, Anna Karenina, Silvia, Walnut Clips, etc.

I am going to the school on time from 8:00 am every Monday to Saturday, and I will go to school on the first quarter of classical ballet training at 9:30. The same class is a 20-year-old undergraduate student. The motivation of my hard work, after two semesters of study, this semester is significantly better than the previous semester, both in terms of professional theory and my own muscle ability. Balance, control, rotation, jumping, toe There are significant improvements in abilities and so on. The cognition of professional terminology is also more thorough, and the professional level of ballet has a certain improvement.

After class, I often read related dance books and audio-visual materials in the library on the first floor of the school. When the classroom is empty, you will also practice and review the lessons learned in the classroom. In short, during this visit to Russia, I have gained a lot of professional skills, teaching and research materials.

Also thanks to Dr. Natalia Agababova, Director of the Foreign Affairs Office of the Rimsky-Korsakov National Conservatory of Music, Professor Pollubentsev Alexander Mikhailovich, Professor Ragatskina, Professor Andrei Bossiv, Professor Natalia, Professor Vadim Sirotin, Teacher Maria, Teacher Irina gave me selfless teaching during my visit. I am deeply impressed by the teachers' serious and rigorous work style and scientific guidance, and the teaching philosophy of words and deeds.

### 4. Life during my visit

For the first time, I set foot on a land in a foreign country. I lived in a non-native language environment. Although I studied English at Hubei University before my visit, I came to St. Petersburg, a Russian-speaking Russian language. I want to overcome language barriers and learn Russian quickly. Related daily language. In addition, the Russian diet is very different from the domestic ones. The student restaurant on the first floor of the school needs 300 rubles and it is not enough. So I buy food and cook for myself. Every morning, lunch is brought to the school with a lunch box, and it is heated in the student restaurant on the first floor at noon. There is a Chinese market in St. Petersburg, a variety of Chinese food can be bought, but the price is much more expensive. In general, the meat and poultry in St. Petersburg is relatively good, but the fruits and vegeTables are surprisingly expensive because they depend on imports. I started to have a lunch at the student restaurant on the first floor of the school every day at noon, and I ate bread in the dormitory sooner or later. I started cooking myself after the third week. The supermarkets in St. Petersburg are different from the domestic ones. Different products are labeled with yellow discount labels every day, so I go to the supermarket to buy discounted and cheap goods every time. Onions, carrots, and potatoes are relatively inexpensive foods.

I am staying at the 1st floor of the International Student Apartment of the school. The first semester is a three-story temporary room, which is a triple room. The second semester is a four-story double room. The conditions are the same. The small and narrow single beds are very worn. The washrooms, kitchens and bathrooms are all common. The washing machine for washing clothes is used with other international students. There is a piano room on every floor of the apartment, and even some rooms have a piano. Opposite the room is the piano room, the apartment is 00:00 - 08:00 every day is not allowed to practice the piano, loud noise, so I am accompanied by the sound of piano, violin, clarinet and other music every day.

There is a long distance between the international student apartment and the school. It takes 3 hours to get on the road in the event of a traffic jam or other situation. Every day you need to squeeze the bus back and forth, and don't say it, and the bus tickets in St. Petersburg are very expensive, and the monthly cost of transportation is a small expense.

In addition to attending the Ballet dance show in my spare time, I occasionally go to the bookstore for a while, and I have purchased some Ballet professional books and DVDs in St. Petersburg, but these materials are very expensive in the local market, and there is no discount. These data fees and performance tickets are also a big expense.

### 5. Reflections on college dance education during my visit

The comparison and enlightenment of relevant issues in the teaching and education system of dance education in China and Russia, the experience of Russian dance education, training system and creation, which needs to be borrowed, need to be considered. During the interview, I went to three universities to observe dance lessons: Vaganova Ballet Academy is a dance major, St. Petersburg State University of Culture and Arts.

- 1) Vaganova Ballet Academy: It is a direct school of the Mariinsky Theatre Ballet and one of the world's top ballet colleges. The Vaungova School combines French romantic traditions with the Italian school. Cultivate dance performance talents.
- 2) St. Petersburg State University of Culture and Arts: 4 years of undergraduate education, 2 years of postgraduate studies, and 3 years of doctoral degree. There are 26 undergraduate majors

and 24 graduate majors. Among them, the dance creation (ballet) professional tuition is 4,000 US dollars / year. Cultivate dance choreographers.

3) Rimsky-Korsakov National Conservatory of Music: 4 years of undergraduate education, 2 years of postgraduate studies, and 3 years of doctoral degree. There are 7 departments including orchestral music, keyboard instrumental music, command department, music history and theory department, composition department, and vocal stage drama series (including ballet professional). Among them, the dance creation (ballet) professional tuition is \$6,750/year. Cultivate dance choreographers.

The dance education of the three schools has different priorities. The goal of dance education is clear, the curriculum is reasonable, and the purpose of dance teaching is strong. Reflections and suggestions on the dance majors in colleges and universities in China: one of the reflections, the educational goals are clear, but the purpose of teaching is not strong. In the specific teaching process. In the second reflection, the selection of Chinese traditional folk dance works, from the perspective of inheritance to carry out college dance teaching.

# 6. My experience during my visit to the school

The rare opportunity to study abroad is a milestone in my life. At the stage of my visit, I feel very hard but very fulfilling. I have learned a lot of Ballet expertise and got to know a lot of good teachers and friends. I am very grateful for the support and understanding of my family. Even if my child is eating a canteen every day at home, my husband is both a mother and a mother at home. My 70-year-old mother is alone in my hometown! I am very grateful to the leaders of the Hubei Provincial Department of Education and Jingchu Institute of Technology for giving me the opportunity to study abroad! I was able to face Russia and experience the history, education, culture and economy of St. Petersburg.

#### 7. Conclusion

In short, through this visit, I not only learned the knowledge of the Russian Ballet field, but also deeply understood the close connection between the dance class and the stage, which enabled the students to master the rich stage performance experience in the process of learning dance, which can make teaching and The performance is closely integrated, and on this basis, in-depth dance discipline research and practice. For our future teaching work, on the basis of teaching, further exploration of stage performances and promotion of the development of dance disciplines are the key factors for the improvement of college dance education and scientific research. I will integrate the Ballet expertise and teaching methods I have learned in St. Petersburg into the dance teaching after returning home without reservation. Be a responsible college teacher with good dance professionalism! Strive to be the people's teachers who are trusted and assured by the party and the people, and who are deeply respected and loved by the students! At the same time, we strive to publicize China's excellent traditional dance culture and become a messenger of Eastern and Western dance culture exchanges.

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